



NAPA HIGH SCHOOL



PARENTS AND ATHLETES

ALL SPORTS NIGHT at MESSNER GYM

August 19, 2010

- 6:00-6:20
- Welcome
 - Athletic Packets/Blue Card
 - Eligibility/Grades and Units
 - Athletic Booster Club
 - Sportsmanship: Victory with Honor
 - District Cleared Drivers
- 6:25-6:55
- 1st Sports-Break out groups

Football-LectureHall	Volleyball-M11	Boys & Girls Water Polo-M14
Cross Country-M12	Girls Tennis-M15	Boys Soccer-M13
Boys & Girls Golf-M17	Boys Basketball-M24	Girls Basketball-M16
Wrestling-M25	Badminton-H30	Track-Little Gym
Baseball-M22	Softball-M26	Girls Soccer-M21
Swimming-M23	Boys Tennis-H29	

- 7:00-7:20
- Multi Sport Athletes/Club Sports
 - Nutrition/Supplements
 - Athlete Time Management
- 7:25-7:55
- 2nd Sports-Break out groups

Football-Lecture Hall	Volleyball-M11	Boys & Girls Water Polo-M14
Cross Country-M12	Girls Tennis-M15	Boys Soccer-M13
Boys & Girls Golf-M17	Boys Basketball-M24	Girls Basketball-M16
Wrestling-M25	Badminton-H30	Track-Little Gym
Baseball-M22	Softball-M26	Girls Soccer-M21
Swimming-M23	Boys Tennis-H29	