



NAPA HIGH SCHOOL

2010 CROSS COUNTRY

Phone: 707 253-3840 Fax: 707 259-8802
2475 Jefferson Street, Napa, California 94558

Date	Opponent	Location	Time	Depart
# Sat. 9/11	Ed Sias Invitational	Hidden Valley Park - Martinez	8:00	6:30
* Wed. 9/15	vs. Armijo	Rockville Park - Vacaville	3:30	2:15
* Wed. 9/22	vs. Wood	Alston Park	3:30	2:00
+ Sat. 9/25	Stanford Invit'l	Stanford University	TBA	TBA
* Wed. 9/29	MEL Center Meet	Alton Park	3:30	2:00
* Wed. 10/6	vs. Vacaville	Lagoon Valley - Vacaville	3:30	2:15
# Sat. 10/9	The Other Meet Inv.	Granite Regional Park - Sacramento	TBA	TBA
* Wed. 10/13	vs. Fairfield	Alston Park	3:30	2:00
# Sat. 10/16	Bronco Invite	Willow Hills Park - Folsom	9:00	6:45
* Wed. 10/20	vs. Vintage	Alston Park	3:30	2:00
* Wed. 10/27	MEL Championship	Lagoon Valley, Vacaville	3:30	2:00
* Sat. 11/6	SJ Sub-Section	Frogtown - Angels Camp	9:00	5:00
@Sat. 11/13	SacJoaquin Section	Willow Hills Park - Folsom	TBA	TBA
Sat 11/27	CIF State Meet	Woodward Park - Fresno	TBA	TBA

Head Coach: Roger Ruegg
Assistant Coach: Rebekah Bunger
Principal: Barbara Franco
Athletic Director: Brian King

* All members of the team are expected to compete

All members of the team are encouraged to participate but are not required to compete

@ All qualifiers from the SJ Sub-Section meet are expected to compete

+ Top 7 Varsity only